# BOSTON AREA DIVING Summer Training Trips June 17-18 and June 19-24

This is a two-part trip, providing flexibility for those who don't finish school before June 19<sup>th</sup>. The first part is an intensive weekend of training at the RPI pool in Troy, NY on June 17-18. The second part is a week-long trip to Montreal from June 19-24 or for whatever period of time works for each diver. We will most likely do a final day on Saturday, June 25<sup>th</sup> back at RPI. Divers may train at RPI, go home to finish school, then head up to Montreal for the remainder of the camp.

This is a two-part trip, providing flexibility for those who don't finish school before June 19<sup>th</sup>. The first part is an intensive weekend of training at the RPI pool in Troy, NY on June 17-18. The second part is a week-long trip to Montreal from June 19-24 or for whatever period of time works for each diver. We will most likely do a final day on Saturday, June 25<sup>th</sup> back at RPI. Divers may train at RPI, go home to finish school, then head up to Montreal for the remainder of the camp.



# RENSSELAER POLYTECHNIC INSTITUTE ROBISON POOL – JUNE 17-18

**WHERE** 110 8<sup>th</sup> St. Troy NY. 12180

**ABOUT THE FACILITY** RPI is a 2 ½ drive from the Concord pool. The pool has 4 boards with belts over 1 and 3 meter. The drive from Troy, NY to Montreal is 3hrs 20 minutes **ROBISON POOL** @ **RPI** 



## OLYMPIC POOL - MONTREAL MONTREAL CANADA, OLYMPIC POOL - JUNE 19-24

**WHERE**: 1976 Olympic Pool, 4141 Avenue Pierre-de Coubertin, Montréal, QC H1V 3N7, Canada.

**ABOUT THE FACILITY:** The Olympic Pool was renovated several years ago and has towers, 11 dry boards, 3 trampolines and 8 diving boards. The pool is at that the base of the Olympic tower, adjacent to the stadium. There is excellent seating for parents in the bleachers.



# **POINTE-CLAIRE AQUATIC CENTRE - JUNE 19-24**

#### WHERE:

Pointe-Claire Aquatic Centre, 60 Maywood Avenue, Pointe-Claire, Quebec

**ABOUT THE FACILITY:** Pointe-Claire Aquatic Center has four platforms (3m, 5m, 7.5m and 10m) and five springboards

# BOSTON AREA DIVING Summer Training Trips June 17-18 and June 19-24

#### **SCHEDULE:**

#### **SATURDAY, JUNE 17**

RPI - RENSSELAER POLYTECHNIC INSTITUTE ROBISON POOL 12 PM – 2 PM 4 PM – 6:30 PM

#### **SUNDAY, JUNE 18**

RPI - RENSSELAER POLYTECHNIC INSTITUTE ROBISON POOL 9:30 AM – 12 PM 1:30 PM 3:30 PM

#### **MONDAY, JUNE 19**

12pm-2:30 pm - Pointe-Claire Aquatic Centre 4:00-6:00 pm - Canadian Diving National Training Center (1976 Olympic Pool)

## **TUESDAY, JUNE 20**

12pm-2:30 pm - Pointe-Claire Aquatic Centre 4:00-6:00 pm - Canadian Diving National Training Center

## **WEDNESDAY, JUNE 21**

12pm-2:30 pm - Pointe-Claire Aquatic Centre 4:00-6:00 pm - Canadian Diving National Training Center (1976 Olympic Pool)

#### **THURSDAY, JUNE 22**

12pm-2:30 pm - Pointe-Claire Aquatic Centre 4:00-6:00 pm - Canadian Diving National Training Center (1976 Olympic Pool)

#### FRIDAY, JUNE 23

12pm-2:30 pm - Pointe-Claire Aquatic Centre 4:00-6:00 pm - Canadian Diving National Training Center (1976 Olympic Pool)

### **SATURDAY, JUNE 24**

@RPI

Times TBA

## BOSTON AREA DIVING Summer Training Trips June 17-18 and June 19-24

#### **COACHES:**

- Joe Chirico and Jim Brainerd BAD Coaching Staff
- **Jim Hocking** coach at Colorado College and former head coach at University of Nebraska. Jim is also a 6-time USA Diving National coach.
- Kelly Tonole Head coach, Dolphin Diving and former coach at Wellesley College.
- <u>Chuck LoCurto</u> Bryant College coach and four-time NCAA Division II All-American for Clarion University.
- <u>Dany Boulanger</u> A Canadian diving coach who just finished his 40th season, most recently at the University of Lavalle and with Le Club De Plongeon.
- Also a top-level coach from South Australia Sport Institute.
- Maria Coomaraswamy-Falkenstein Head coach at RPI and Flip & Rip. http://www.rpiathletics.com/staff.aspx?staff=49

**HOUSING**: We suggest getting a hotel in the downtown area within walking distance to the <u>Metro</u> (<u>Green line</u>). This will make getting to the pool very easy as the stadium tower (pool entrance) is adjacent to the Viau stop. Prices are very reasonable on Priceline and Hotwire. There is paid parking available at the stadium if you chose to drive. Divers may also consider getting a hotel room closer to Pointe Claire as they may be chaper.

**TRAVEL TO & FROM CANADA**: All US residents ages 16 & up will need a passport to cross the border. Here is info on kids 15 & Under from <u>US State Department website</u>. U.S. citizen children ages 15 and under arriving by land or sea from a contiguous territory may present an original or copy of his or her birth certificate (issued by the Vital Records Department in the state where he or she was born). Passports may be expedited using this process

https://travel.state.gov/content/passports/en/passports/services/expedited.html

**COST**: \$110/day for team or \$135 for non-team members.

WHAT TO BRING TO POOL: 1-2 suits, gym shorts, T-shirt, sneakers or sandals.

**LUNCH BREAKS**: Parents may want to organize shopping trips to buy food for lunch.

#### **OTHER NOTES**:

- Drive from Boston to Montreal is approximately 5 1/2 hours
- Drive between Pointe-Claire and Olympic Pool is 20 miles; about 40 minutes
- Expect traffic in Montreal
- AAU and US Diving insurance will not cover accidents outside of the US. All divers should have some sort of alternative health insurance in place.
- Canadian healthcare is cash and carry.
- All divers need a parent or other adult to be responsible for them including timely drop off and pick up at pool.
- Please contact Joe with any questions 617-233-4837